

A JOURNEY TO PARENTHOOD

准父母产前及婴儿护理讲座

A Public Antenatal and Parenthood Forum



Learn interesting facts about:

- ✚ Pregnancy changes
- ✚ Managing labour pain
- ✚ Diet in pregnancy
- ✚ Breastfeeding
- ✚ Care of the newborn
- ✚ Postnatal Exercise



Dr Timothy Lee Chin Ren
(Consultant Obstetrician & Gynaecologist)

Dr Kelvin Chee Chun Lin
(Consultant Paediatrician)



Date 日期 : 18th November 2017 (Saturday 星期六)
Time 时间 : 1.30pm – 5.30pm
Language 媒介语 : English & Mandarin 双语
Venue 地点 : 5th Floor, Academy of Nursing,
Chinese Medical Building, Tung Shin Hospital

Free Admission
入场免费

* Refreshment 茶点招待

* Free Goodies Bag 赠送精美礼袋



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For registration, please email your full name and contact no. to
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